

## <html><body> - HTML Body Section

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### HTML <body> Section

The <dfn>HTML body section</dfn> contains the actual content of the document. It is created by the [<body> tag](#), which is coded inside the [html element](#) at the top of the [HTML structure](#).

The <body> tag is one of the [sectioning root tags](#), which means that the sections and headings inside the **body** element are not included in the outline of any higher level sections. Its purpose is to separate the content of the document from meta data information that is coded in the [head section](#) of the document.

#### Content Model of <body> Tag

The expected content of the <body> tag consists of HTML elements categorized as [flow content elements](#) but can also accept elements categorized as [phrasing content elements](#). Therefore the **body** element can include [HTML comments](#), [text content](#) and any [tags that can be used in flow content](#).

#### Flow Content vs. Phrasing Content

When the expected content of an HTML element is [flow content](#), you can code either [flow content elements](#) or [phrasing content elements](#), with some occasional restrictions.

In other words, [flow content elements](#) can *only* be used where [flow content](#) is expected.

When the expected content of an HTML element is [phrasing content](#), you cannot code any [flow content elements](#), *only* [phrasing content elements](#), with some occasional additional restrictions.

In other words, [phrasing content elements](#) can be used where either [flow content](#) or [phrasing content](#) is expected.

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*THE END*